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63/1 (SEM-6) DSE4/EDNHE6046

2024

EDUCATION

Paper : EDNHE6046

(Abnormal Psychology)

Full Marks : 80

Pass Marks : 32

Time : Three hours

The figures in the margin indicate full marks for the questions.

1. Choose the correct option of **any six** of the following :
1×6=6

(a) Abnormal behaviour is

(i) Any behaviour that deviates from what is considered normal behaviour

(ii) Normal behaviour

(iii) Social behaviour

(iv) Acceptable behaviour

Contd.

(b) Misconception about mental illness is that it makes people

- (i) Violent
- (ii) Dangerous
- (iii) Can't function in society
- (iv) All of the above

(c) The process of adapting to your environmental conditions is called

- (i) Behaviour
- (ii) Adjustment
- (iii) Abnormality
- (iv) Normal behaviour

(d) Frustration originates from

- (i) Feelings of happiness
- (ii) Feelings of dizziness
- (iii) Feelings of uncertainty
- (iv) Feelings of emptiness

(e) Good mental health helps us to

- (i) Become anti-social
- (ii) Become violent
- (iii) Become healthy
- (iv) Deal with difficulties

(f) Mental deficiency is

- (i) Lack at moral development
- (ii) Lack of social development
- (iii) Lack of mental development
- (iv) Lack of emotional development

(g) Anxiety is the feeling of

- (i) Fear
- (ii) Dread
- (iii) Uneasiness
- (iv) All of the above

(h) _____ is when a person fears a situation due to worries about others judging them.

- (i) Social phobia
- (ii) Specific phobia
- (iii) Agoraphobia
- (iv) None of the above

(i) Psychoanalysis deals with

- (i) conscious mind
- (ii) unconscious mind
- (iii) physical disorder
- (iv) All of the above

(j) _____ is necessary when someone feel depressed, anxious or angry for a long time.

- (i) Therapy
- (ii) Treatment
- (iii) Psychotherapy
- (iv) None of the above

2. Answer **any five** of the following in brief :
2×5=10

- (a) What do you mean by abnormality?
- (b) What is hysteria?
- (c) Write *two* problems of personal adjustment.

(d) What do you mean by mental health?

- (e) Write *two* causes of frustration.
- (f) Write briefly about mental treatment during hospitalization.
- (g) Write about manic depressive psychosis.

3. Answer **any six** of the following :
5×6=30

- (a) Write the causes of abnormal behaviour.
- (b) Write about the aims of mental health and hygiene.
- (c) What are the differences between psychosis and psychoneurosis?
- (d) Write a note on phobias.
- (e) Explain *any five* symptoms of frustration.
- (f) Write about antisocial activity.
- (g) Write the characteristics of a mentally healthy person.
- (h) Write a note on obsessive compulsive neurosis.

(i) Write the nature and characteristics of conflict.

(j) Why is the knowledge of mental hygiene important? Explain.

4. Answer **any two** of the following :

10×2=20

(a) What do you mean by mental deficiency? Explain the causes of mental deficiency. 4+6=10

(b) What is adjustment? How can we improve our personal adjustment capacity? 2+8=10

(c) Write about psychoanalysis. What are the characteristics of psychoneurosis? 4+6=10

(d) Write about the misconceptions of abnormal behaviour.

5. Answer **any one** of the following : 14

(a) Why is hygiene important in mental health? Write about the ways to improve mental health. 7+7=14

(b) Define conflict. Explain the types of conflict with appropriate examples. 6+8=14

(c) Define abnormal behaviour. Explain about various types of abnormal behaviour. 6+8=14