

2023

EDUCATION

Paper : EDNHE6046

( Abnormal Psychology )

Full Marks : 80

Pass Marks : 32

Time : 3 hours

The figures in the margin indicate full marks for the questions

1. Choose the correct option of any six of the following : 1×6=6

- (a) Abnormal psychology is the study of
  - (i) mentally diseased person
  - (ii) feeble-minded person
  - (iii) anti-social person
  - (iv) All of the above

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(b) Which of the following is not a type of neurosis?

- (i) Hysteria
- (ii) Anxiety disorder
- (iii) Phobia
- (iv) Schizophrenia

(c) OCD stands for

- (i) Obsessive Compulsive Disorder
- (ii) Obsession Controlling Device
- (iii) Obesity Compulsive Disorder
- (iv) Obesity Controlling Device

(d) Psychoanalysis was introduced by

- (i) Freud
- (ii) Skinner
- (iii) Thorndike
- (iv) Eugen Bleuler

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(e) Delusion is

- (i) a feeling of loss of sensation
- (ii) a false belief
- (iii) an uncomfortable sensation
- (iv) All of the above

(f) Manic depressive psychosis or bipolar disorder is characterized by the presence of

- (i) mood swing
- (ii) headache
- (iii) sneezing attack
- (iv) allergies

(g) Hysteria is characterized by

- (i) autistic thinking
- (ii) indifference to suffering
- (iii) pressure to speech
- (iv) flight to ideas

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(h) A person is considered as mentally healthy person when they

(i) feel good about themselves

(ii) make their own decisions

(iii) feel comfortable with other people

(iv) All of the above

(i) Hypnosis means

(i) a trance-like state

(ii) autosuggestion

(iii) anaesthesia

(iv) hocus-pocus

(j) Diagnosis of mental illness is generally carried out by which person of the following?

(i) A clinical psychologist

(ii) A counsellor

(iii) A psychiatrist

(iv) A nurse

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2. Answer any five of the following in brief :  
2×5=10

(a) What do you mean by abnormal psychology?

(b) What is anxiety?

(c) Write two general causes of abnormal behaviour.

(d) What do you mean by adjustment process?

(e) What do you understand by mental hygiene?

(f) Mention two causes of phobia.

(g) Write briefly two types of mental treatment during hospitalization.

3. Answer any six of the following : 5×6=30

(a) Write the characteristics of an abnormal person.

(b) What are the differences between psychosis and psychoneurosis?

(c) Write the general symptoms of mental deficiency.

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- (d) Write a note on hypnosis.
- (e) Discuss the importance of mental hygiene.
- (f) Enumerate the causes of frustration.
- (g) Write about the symptoms of frustration.
- (h) Explain any three types of conflict.
- (i) Briefly write the causes of manic depressive psychosis.
- (j) Write a short note on psychoanalysis.
4. Answer any two of the following :  $10 \times 2 = 20$
- (a) What do you mean by psychoneurosis?  
What are the characteristics of psychoneurosis?  $4+6=10$
- (b) What is mental health? What are the characteristics of a mentally healthy person?  $2+8=10$
- (c) Define adjustment. What are the characteristics of a well-adjusted person?  $2+8=10$
- (d) Explain the scope of mental hygiene. 10

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5. Answer any one of the following : 14
- (a) What is obsessive-compulsive neurosis? Briefly discuss the causes of obsessive-compulsive neurosis. How can obsessive-compulsive neurosis be prevented?  $2+6+6=14$
- (b) Explain the dimensions of mental health. What are the factors that affect mental health of a person?  $7+7=14$
- (c) What do you mean by conflict? Write its nature and characteristics.  $4+10=14$

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